## Peace through People

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Peace can start with one person who wants to make a change in the world
Everyone could start a chain reaction if they wanted to
An act of kindness is enough
Creating peace is very important
Easier said than done

To make amends with someone you hurt or made upset will bring peace between the two Hurting those you love or those around you will take you farther away from having any bit of peace

Rough endings of arguments bring anger to those involved in the altercation and bickering Overall, everyone will have a difference in opinions; it is inevitable, no one can stop that Understand, in order to bring peace into the existence in the world, one must have peace

within themselves first

**G**enerate the power of being able to create peace within yourself so you can then establish that peace in other people and in other places of the world

Harbor the ability to bring conciliation to those around you and eventually everywhere you go

Peace is needed in the world Ending the fighting and the war inside of us will bring peace Only we can do it but we have to want it for ourselves Peace through people Lacking the peace is not good

Everyone needs to help bring peace through people